

Race Day COVID-19

The following are Mandatory Controls that will need to be followed, in line with Triathlon Australia Guidelines, Smart Racing – COVID – 19 (Version 1 3/6/20)

Sanitisation Protocols

- Signage to be displayed encouraging regular hand washing and sanitising
- Sanitising at Rego desk, transition, aid station, toilets and finish line
- Extra bin to be placed around the event area and aid station
- Regular cleaning of high touch areas
- Athletes, Volunteer, to stay home if they are feeling unwell

Race Setup

- Provide signage in Key areas, Rego desk, Transition
- Restrict access of spectators where possible

Event Medical & Safety Operation

- First Aid officer to develop an event medical plan with attention to COVID-19 factors
- First Aid to be equipped with masks and gloves
- Volunteers to be constantly cleaning tables and chairs and other high touch areas
- Supply enough hand sanitiser and wipes, garbage bins and other cleaning products
- Know where the nearest COVID-19 testing centre is located.

Registration Desk

- No on the day registration
- No cash payment
- Timing chips and straps **must be disinfected**
- Volunteers must wear mask and gloves when at desk
- Limit the number of people at registration desk
- Competitors must maintain 1.5m distance (area will have witches hats with spacing)

Race Operation

A) Transition

- Set up and dismantling to be performed wearing work gloves
- 2m space between bikes (which will be marked, more racks may be required)
- Limit the number of people in transition at any one time
- Areas will need to be sanitised prior to racing and once race has concluded
- No one should touch or handle someone else's equipment
- Create wider entry / exits during race

B) Start area

- Create larger start area
- May need to start in waves (age group or packs of 10)

Race Day COVID-19

C) Swim Course

- Create larger start area
- May need to start in waves (age group or packs of 10)

D) Bike course

- None drafting with 10m draft zone
- Create wider mount and dismount line (to avoid bottleneck)

E) Run course

- Minimise narrow points on course
- Avoid running directly behind each other

F) Aid station **NO AID STATION WILL BE SET UP WITH WATER. COMPETITORS WILL NEED TO BRING ENOUGH WATER FOR THEIR RACE.**

- Volunteers should have gloves and mask on
- Runners to pick up their own drink
- **RUNNERS MUST DISPOSE OF CUP INTO BINS SUPPLIED**
- Competitors are encouraged to supply and use their own water on course to limit touch areas

G) Finish area

- Signage around finish line encouraging physical distancing
- Refreshments to be handed to competitors by a volunteer who must be wearing gloves and mask on
- Timing chips are to be removed by competitor
- Timing chips are to be placed into **white bin** supplied at finish area

Volunteers

- Volunteers are reminded that official communication about the event is only to come from the Race Director or the Infection Controller
- If volunteers are not feeling well they must not attend the event
- Volunteers must be sent home if they arrive and are unwell
- Supply sufficient amount of hand sanitiser, masks, gloves, water. (Provide at least 2 face masks & 2 pairs of gloves per volunteer and TA officials.

Public Safety

- Consider none or limited number of spectators
- Ensure Volunteers understand that competitors, public, volunteer who become unwell should be immediately isolated and given a clean disposable facemask to wear.