

# 16 June 2024 - Duathlon

## Gender Results

Place	Bib	Name	YoB	AG	Club	Run	T1	Bike	T2	Run 2	Finish
Duathlon-Junior 10-15years - 1km run / 5km bike / 1km run											
Male											
1.	11	Flynn Weber	2012	Male 10-14		04:06	00:45	10:52	00:44	04:11	<b>20:38</b>
2.	10	Noah Morphett	2012	Male 10-14		04:13	00:34	11:46	00:24	04:35	<b>21:32</b>
Duathlon-Enticer 12+years - 2km run / 10km bike / 2km run											
Female											
1.	8	Sarah Mcconnell	1994	Female 25-29	Panthers	08:41	00:40	18:28	00:41	09:01	<b>37:31</b>
2.	6	Isabella Janek	1998	Female 25-29		09:21	00:31	21:21	00:34	10:22	<b>42:09</b>
3.	1	Krizell Joy Aligam	1995	Female 25-29	NIL	16:35	01:05	43:16	01:21	19:05	<b>1:21:22</b>
Male											
1.	9	El Rene III Vargas	1994	Male 25-29	NIL	08:27	00:39	20:00	00:36	09:06	<b>38:48</b>
2.	2	Nathan Brailey	1993	Male 30-34	Panthers Triathlon club	09:29	00:41	19:30	00:38	09:38	<b>39:56</b>
3.	5	scott goodsell	1966	Male 55-59	nil	09:32	00:59	19:07	00:44	11:01	<b>41:23</b>
4.	7	Oliver Mackie	2011	Male 10-14		10:02	00:33	22:15	00:33	11:12	<b>44:35</b>
5.	4	Jackson Crane	1992	Male 30-34	Highlands triathlon club	11:13	01:14	24:49	00:49	13:27	<b>51:32</b>
6.	3	Chris Cooper	1952	Male 70+	Panthers	14:38	01:38	23:53	01:57	20:18	<b>1:02:24</b>
Duathlon-Sprint 14+years - 5km run / 20km bike / 2.5km run											
Female											
1.	35	Bel Fong	1980	Female 40-44	Balmoral	22:57	00:36	34:36	00:42	11:08	<b>1:09:59</b>
2.	38	Maeve Goehner	2003	Female 20-24	Pulse Performance	20:30	01:31	39:39	00:40	10:10	<b>1:12:30</b>
3.	25	Min Ting CHANG	1991	Female 30-34	NI	24:38	01:20	33:45	00:54	12:07	<b>1:12:44</b>
4.	51	Ingrid McPhee	1965	Female 55-59	Balmoral tri club	23:17	00:50	37:59	00:52	11:59	<b>1:14:57</b>
5.	29	bianca de swardt	2005	Female 15-19	kiama	23:02	00:39	39:01	00:47	11:51	<b>1:15:20</b>
6.	53	Kirsty Nielsen	1985	Female 35-39	Highlands Triathlon Club	22:48	00:55	40:15	00:58	11:29	<b>1:16:25</b>
7.	30	Sue Dean	1978	Female 45-49	Orange	23:57	01:02	39:28	00:45	11:49	<b>1:17:01</b>
8.	66	Lyndell van de Walle	1970	Female 50-54	Warringah	25:17	01:03	36:47	00:56	13:18	<b>1:17:21</b>
9.	27	Michelle Chen	1970	Female 50-54	balmoral	25:34	00:46	37:35	00:43	13:49	<b>1:18:27</b>
10.	41	Shona Hart	1972	Female 50-54	Orange Triathlon Club	26:12	00:54	38:48	00:48	13:21	<b>1:20:03</b>

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11.	18	Kaitlin Bell	2001	Female 20-24	panthers	27:27	00:41	38:04	00:51	13:19	<b>1:20:22</b>
12.	37	Judy Gebhart	1962	Female 60-64	Females in Training	27:12	01:05	39:20	00:50	13:10	<b>1:21:37</b>
13.	72	Jamie Zhao	1985	Female 35-39	NIL	26:30	01:36	41:34	01:32	13:53	<b>1:25:05</b>
14.	46	Esther Lee	1990	Female 30-34	Balmoral Triathlon Club	27:25	01:50	39:47	02:11	15:28	<b>1:26:41</b>
15.	39	Liesel Haberecht	2001	Female 20-24	Orange Triathlon Club	28:18	00:51	42:25	00:51	15:10	<b>1:27:35</b>
16.	43	Fiona Horn	1961	Female 60-64	Balance	29:52	02:13	45:33	02:05	16:10	<b>1:35:53</b>
17.	13	Ashlee Anslow	1989	Female 30-34	Ptc	36:36	00:57	49:51	01:12	19:41	<b>1:48:17</b>
18.	12	Lyn Abad	1985	Female 35-39	NIL	36:32	00:59	51:11	00:46	19:09	<b>1:48:37</b>
19.	28	Aimee Dapon	1994	Female 25-29	NIL	39:25	01:07	1:15:22	00:31	23:14	<b>2:19:39</b>
DNS	58	Liz Simpfendorfer	1960	Female 60-64	Tuggeranong Vikings Triathlon Club						

### Male

1.	36	Adam Footit	1982	Male 40-44	Panthers Tri Club	18:01	00:30	29:11	00:28	09:07	<b>57:17</b>
2.	15	Nicolas Barbalan	1989	Male 30-34	FTA	17:34	00:37	30:38	00:27	08:44	<b>58:00</b>
3.	55	Darren Powell	1969	Male 50-54	NIL	19:07	00:40	29:18	00:31	09:40	<b>59:16</b>
4.	57	Isaiah Ryan	2007	Male 15-19		17:52	00:30	32:09	00:24	09:00	<b>59:55</b>
5.	56	Scotti Roots	1971	Male 50-54	PTC	19:05	00:43	29:51	00:35	09:45	<b>59:59</b>
6.	48	Ethan Mackie	2008	Male 15-19		18:23	00:27	32:32	00:22	09:10	<b>1:00:54</b>
7.	32	Matthew Engesser	2007	Male 15-19		19:30	00:27	31:24	00:34	09:45	<b>1:01:40</b>
8.	23	Daniel Carter	1993	Male 30-34	NIL	19:11	00:45	31:29	00:41	09:59	<b>1:02:05</b>
9.	61	Patrick Smith	1989	Male 30-34	NIL	20:51	00:42	31:47	00:37	09:40	<b>1:03:37</b>
10.	52	Jeff Mitchell	1977	Male 45-49	None	20:00	00:45	32:08	00:36	10:20	<b>1:03:49</b>
11.	63	Pierre Sullivan	1979	Male 40-44	Moore Performance	20:13	01:19	31:47	00:40	09:56	<b>1:03:55</b>
12.	22	Lachlan Brown	1966	Male 55-59	Eurocoast Triathlon Club	21:21	00:31	31:23	00:25	10:37	<b>1:04:17</b>
13.	47	Alex Mackie	2009	Male 10-14		19:17	00:31	33:21	00:30	10:59	<b>1:04:38</b>
14.	40	Tristan Harrison	1992	Male 30-34	Orange Tri Club	19:52	00:34	33:43	00:47	09:45	<b>1:04:41</b>
15.	71	Brendan Wong	1977	Male 45-49	Balmoral Triathlon Club	19:25	01:07	33:54	00:48	10:01	<b>1:05:15</b>
16.	31	Mark Dempsey	1983	Male 40-44	NIL	22:06	00:49	30:48	00:53	11:02	<b>1:05:38</b>
17.	68	Kieran White	1968	Male 55-59	Balance	21:25	00:41	33:23	00:41	10:36	<b>1:06:46</b>
18.	70	mateus Winer	1991	Male 30-34	NIL	21:14	00:39	35:18	00:38	11:24	<b>1:09:13</b>
19.	65	Fraser Turvey	1975	Male 45-49	NIL	22:00	01:35	33:35	01:22	10:56	<b>1:09:28</b>
20.	26	will chanter	2008	Male 15-19		22:42	00:57	34:31	00:40	11:51	<b>1:10:41</b>
21.	34	Aidan Fong	2008	Male 15-19		21:47	00:38	38:39	00:31	11:17	<b>1:12:52</b>

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Place	Bib	Name	YoB	AG	Club	Run	T1	Bike	T2	Run 2	Finish
22.	33	Adam etherington	1976	Male 45-49	Hills	23:21	01:36	35:02	00:53	12:33	<b>1:13:25</b>
23.	14	Kiran Ayer	2008	Male 15-19		21:51	00:28	40:19	00:26	10:55	<b>1:13:59</b>
24.	67	Brendan Wenke	1960	Male 60-64	Warringah	23:36	01:16	36:58	01:06	11:26	<b>1:14:22</b>
25.	24	Jesse Cervini	1996	Male 25-29	NIL	22:04	01:06	38:01	00:58	12:18	<b>1:14:27</b>
26.	16	Todd Barlow	1978	Male 45-49	PTC	24:55	01:04	35:44	00:39	13:17	<b>1:15:39</b>
27.	45	Andrew Kim	1993	Male 30-34	NIL	25:13	01:37	34:30	01:22	13:07	<b>1:15:49</b>
28.	20	Mark Bortolazzo	1971	Male 50-54	PTC	23:30	01:00	39:21	00:54	13:10	<b>1:17:55</b>
29.	49	Neil Matthews	1956	Male 65-69	Hills Tri Club	25:33	01:37	36:38	01:50	13:18	<b>1:18:56</b>
30.	54	Daniel Park	1989	Male 30-34	NIL	27:20	01:57	35:01	01:52	14:36	<b>1:20:46</b>
31.	44	Chris Jones	1962	Male 60-64	PTC	25:06	01:32	40:49	01:34	12:09	<b>1:21:10</b>
32.	19	Matthew Bell	2008	Male 15-19		27:43	00:59	38:59	01:00	12:46	<b>1:21:27</b>
33.	73	Michael Hiser	1958	Male 65-69	Panthers Tri Club	28:23	00:50	38:42	00:59	13:57	<b>1:22:51</b>
34.	59	Peter Simpfendorfer	1957	Male 65-69	Tuggeranong Vikings Triathlon Club	27:02	00:55	40:16	01:30	13:08	<b>1:22:51</b>
35.	17	Peter Beamish	1981	Male 40-44	Panthers Tri Club	28:38	01:21	41:33	01:28	14:21	<b>1:27:21</b>
36.	50	Stuart McKay	1970	Male 50-54	NIL	27:56	00:59	46:48	01:32	16:07	<b>1:33:22</b>
37.	64	Michael Tong	1985	Male 35-39	NIL	36:19	01:24	34:39	01:05	20:33	<b>1:34:00</b>
38.	60	NAVJOT SINGH	2000	Male 20-24	NIL	35:31	01:59	49:05	01:49	19:16	<b>1:47:40</b>
DNF	69	andrew wilkinson	1978	Male 45-49	hills tri club	20:01	00:43	32:47	01:00		
DNS	21	Brian Brady	1980	Male 40-44	Balmoral						
DNS	42	Francois Hoffmann	1963	Male 60-64	PTC and Australia						
DNS	62	Troy Stevens	1972	Male 50-54	PTC						

Number of records: 73