

# 14 July 2024 - Duathlon

## Overall Results

Place	Bib	Name	YoB	Gender	AG	Club	Run	T1	Bike	T2	Run 2	Finish
Duathlon-Enticer 12+years - 2km run / 10km bike / 2km run												
1.	11	Daniel Vesey	2010	M	Male 10-14		07:17	00:45	18:36	00:46	07:55	<b>35:19</b>
2.	1	Sarah Brailey	1994	F	Female 25-29	Panthers	08:32	00:45	18:36	00:40	09:02	<b>37:35</b>
3.	5	Charlotte Hussein	2009	F	Female 10-14		08:31	00:34	19:10	00:35	09:04	<b>37:54</b>
4.	8	Chris Tam	2009	M	Male 10-14		08:24	00:38	20:08	00:37	09:18	<b>39:05</b>
5.	10	El Rene III Vargas	1994	M	Male 25-29	NIL	08:25	00:55	20:27	00:38	09:13	<b>39:38</b>
6.	6	Isabella Janek	1998	F	Female 25-29		09:43	00:39	19:16	00:37	11:25	<b>41:40</b>
7.	13	Flynn Weber	2012	M	Male 10-14		09:07	00:50	22:04	00:49	09:51	<b>42:41</b>
8.	4	scott goodsell	1966	M	Male 55-59	nil	10:18	01:02	21:04	00:52	13:45	<b>47:01</b>
9.	3	Chris Cooper	1952	M	Male 70+	Panthers	14:42	01:45	22:45	02:24	18:29	<b>1:00:05</b>
10.	9	Ketaki Thorat	1985	F	Female 35-39	NIL	14:34	01:31	27:58	01:15	15:45	<b>1:01:03</b>
11.	2	Browinn Bucol	1985	M	Male 35-39	NIL	14:21	02:23	27:29	02:43	15:49	<b>1:02:45</b>
12.	7	Sarmistha Sabat	1982	F	Female 40-44	NIL	14:12	01:16	31:14	01:07	15:51	<b>1:03:40</b>
13.	14	Jeanie Wilson	1976	F	Female 45-49	Penrith	19:16	01:29	24:50	01:00	20:53	<b>1:07:28</b>
14.	12	Rutuja Vyawahare	1985	F	Female 35-39	NIL	17:32	01:11	30:50	01:10	20:07	<b>1:10:50</b>

### Duathlon-Sprint 14+years - 5km run / 20km bike / 2.5km run

1.	54	Samuel McNaughton	1998	M	Male 25-29	Brighton Baths Athletic Club	16:27	00:46	30:26	00:44	08:21	<b>56:44</b>
2.	73	Tadgh Williams	2002	M	Male 20-24	Triathlon South	17:53	00:44	28:59	00:20	09:01	<b>56:57</b>
3.	35	Alex Eason	2009	M	Male 10-14		17:36	00:24	31:16	00:24	08:30	<b>58:10</b>
4.	62	Isaiah Ryan	2007	M	Male 15-19		18:04	00:28	31:33	00:24	08:56	<b>59:25</b>
5.	61	Darren Powell	1969	M	Male 50-54	PTC	19:33	00:39	29:08	00:30	09:39	<b>59:29</b>
6.	23	Brian Brady	1980	M	Male 40-44	Balmoral	18:47	00:38	30:37	00:36	09:59	<b>1:00:37</b>
7.	51	Lucas McBeath	1982	M	Male 40-44	Newcastle Triathlon	20:15	00:41	29:40	00:52	09:52	<b>1:01:20</b>
8.	43	Jason Keane	1969	M	Male 50-54	Hills	18:39	00:34	32:42	00:44	09:44	<b>1:02:23</b>
9.	42	David Jenkins	1978	M	Male 45-49	Warringah	18:59	00:48	32:01	00:36	10:08	<b>1:02:32</b>
10.	65	Michael Stallard	1988	M	Male 35-39	Singleton Tri club	20:50	00:34	30:25	00:34	10:23	<b>1:02:46</b>
11.	67	Michael Taylor	1972	M	Male 50-54	Balance	19:41	00:48	31:48	00:42	10:50	<b>1:03:49</b>
12.	33	Mark Dempsey	1983	M	Male 40-44	NIL	21:31	00:42	30:43	00:39	10:52	<b>1:04:27</b>
13.	16	Jacqueline Allen	1983	F	Female 40-44	Illawarra	20:00	00:31	33:33	00:50	09:48	<b>1:04:42</b>
14.	44	Ryan Keevers	1994	M	Male 25-29	NIL	21:25	00:29	32:14	00:32	10:30	<b>1:05:10</b>
15.	72	Kieran White	1968	M	Male 55-59	Pulse performance	20:59	01:20	31:32	01:00	10:34	<b>1:05:25</b>

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16.	46	Chris LEDBROOK	1989	M	Male 30-34	PTC	19:32	01:14	33:47	01:30	09:27	<b>1:05:30</b>
17.	50	Simon Mason	1973	M	Male 50-54		21:07	00:41	32:22	00:46	10:34	<b>1:05:30</b>
18.	66	Jeff Tam	1973	M	Male 50-54	Hills	21:38	00:38	31:55	00:52	10:39	<b>1:05:42</b>
19.	48	Alex Mackie	2010	M	Male 10-14		20:56	00:38	32:48	00:45	11:39	<b>1:06:46</b>
20.	18	Samuel Bayada	2007	M	Male 15-19		21:01	00:30	34:09	00:29	10:38	<b>1:06:47</b>
21.	37	Erin Hargrave	1982	F	Female 40-44	cronulla	20:43	00:35	34:52	00:31	10:22	<b>1:07:03</b>
22.	34	Fintan Duff	1989	M	Male 30-34	Tomaree Tri Club	20:18	00:48	34:45	00:57	11:47	<b>1:08:35</b>
23.	70	Will Ward	2007	M	Male 15-19		22:24	00:41	34:50	00:31	11:16	<b>1:09:42</b>
24.	75	mateus Winer	1991	M	Male 30-34	NIL	22:06	00:52	34:56	00:37	11:31	<b>1:10:02</b>
25.	24	Lee Brett	1976	F	Female 45-49	Balance Tri Club	22:42	00:49	34:43	00:47	11:12	<b>1:10:13</b>
26.	36	Bel Fong	1980	F	Female 40-44	Balmoral	22:58	00:31	35:14	00:35	11:28	<b>1:10:46</b>
27.	26	phoebe carter	1998	F	Female 25-29	Beckworth	22:17	01:01	35:28	01:10	10:55	<b>1:10:51</b>
28.	57	Helaena Nicholls	1994	F	Female 25-29	Balmoral Tri Club	23:22	00:52	34:10	01:23	11:09	<b>1:10:56</b>
29.	74	Tony Williams	1965	M	Male 55-59	PTC	22:49	00:50	35:04	00:56	11:27	<b>1:11:06</b>
30.	17	Todd Barlow	1978	M	Male 45-49	Panthers Tri Club	23:12	00:42	34:37	00:40	12:10	<b>1:11:21</b>
31.	32	bianca de swardt	2005	F	Female 15-19	Kiama	23:01	00:33	36:53	00:49	10:40	<b>1:11:56</b>
32.	27	Daniel Castro	1998	M	Male 25-29	n/a	21:04	01:14	38:43	01:24	10:02	<b>1:12:27</b>
33.	28	Min Ting CHANG	1991	F	Female 30-34	NIL	25:13	01:23	33:45	01:05	12:27	<b>1:13:53</b>
34.	55	Ingrid McPhee	1965	F	Female 55-59	Balmoral Tri club	23:18	00:58	37:19	01:15	11:54	<b>1:14:44</b>
35.	71	Brendan Wenke	1960	M	Male 60-64	Warringah	23:04	01:23	37:44	01:31	11:14	<b>1:14:56</b>
36.	58	Kirsty Nielsen	1985	F	Female 35-39	Highlands Triathlon Club	22:46	00:50	38:58	00:50	11:35	<b>1:14:59</b>
37.	53	Tess McKeown	2007	F	Female 15-19		23:19	00:33	39:03	00:40	11:48	<b>1:15:23</b>
38.	41	Danny James	1973	M	Male 50-54	Tomaree	25:49	00:37	35:58	00:53	12:07	<b>1:15:24</b>
39.	20	Kaitlin Bell	2001	F	Female 20-24	panthers	24:22	00:40	37:22	00:41	12:40	<b>1:15:45</b>
40.	29	Michelle Chen	1970	F	Female 50-54	Balmoral	25:40	00:43	35:52	00:46	12:54	<b>1:15:55</b>
41.	25	Emma Bussell	1975	F	Female 45-49	Nil	27:01	00:42	36:06	01:21	11:07	<b>1:16:17</b>
42.	21	Matthew Bell	2008	M	Male 15-19		25:08	00:57	37:39	00:57	12:08	<b>1:16:49</b>
43.	22	Mark Bortolazzo	1971	M	Male 50-54	PTC	22:16	00:59	39:28	01:03	13:22	<b>1:17:08</b>
44.	68	sally thauvette	1968	F	Female 55-59	FIT ACT	25:55	01:04	37:50	00:51	12:34	<b>1:18:14</b>
45.	30	Skye Cselko	2001	F	Female 20-24	NIL	23:14	01:04	41:53	00:35	11:32	<b>1:18:18</b>
46.	38	Shona Hart	1972	F	Female 50-54	Orange	25:39	00:59	38:46	01:11	13:02	<b>1:19:37</b>
47.	59	Justin O'Neil	1991	M	Male 30-34	Nil	23:33	01:07	42:21	00:39	12:34	<b>1:20:14</b>

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48.	40	Alannah James	2000	F	Female 20-24	Tomaree	27:25	00:42	41:06	00:45	12:29	<b>1:22:27</b>
49.	45	Witold Krajewski	1949	M	Male 70+	Illawarra Triathlon Club	27:09	01:24	39:43	01:04	13:54	<b>1:23:14</b>
50.	47	Jacob Lipson	1971	M	Male 50-54	Panthers Tri Club	26:33	01:10	41:53	00:47	13:42	<b>1:24:05</b>
51.	52	Stuart McKay	1970	M	Male 50-54	N/A	27:56	01:01	40:57	01:02	15:35	<b>1:26:31</b>
52.	31	Aileen Davidson	1977	F	Female 45-49	Balmoral Triathlon Club	30:23	01:04	41:32	00:49	14:15	<b>1:28:03</b>
53.	63	Vicki Sapountzis	1969	F	Female 50-54	Cronulla Triathlon Club	32:10	01:50	46:02	01:27	15:45	<b>1:37:14</b>
54.	15	Stuart Aitken	1971	M	Male 50-54	NIL	35:15	00:54	50:09	01:06	19:00	<b>1:46:24</b>
55.	64	Heiko Schaefer	1939	M	Male 70+	Panthers Triathlon Club	41:12	01:17	52:06	01:30	20:55	<b>1:57:00</b>
56.	56	John Meacham	1953	M	Male 70+	cronulla	43:54	01:30	50:15	01:33	20:00	<b>1:57:12</b>
DNS	19	Margaret Beardslee	1958	F	Female 65-69	Central Coast Triathlon Club						
DNS	39	Mike Hiser	1958	M	Male 65-69	PTC						
DNS	60	Shane Parker	1971	M	Male 50-54	macarthur triathlon club						
DNS	69	Lyndell van de Walle	1970	F	Female 50-54	Warringah						

Number of records: 74