

16 August 2025 - Duathlon

Gender Results

Place	Bib	Name	YoB	AG	Club	Run	T1	Bike	T2	Run 2	Finish
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Duathlon-Junior 10-15years - 1km run / 5km bike / 1km run

Male

1.	109	Logan Richardson	2013	Male 10-14	Panthers	02:31	00:37	13:18	00:36	02:46	19:48
2.	108	Flynn Dempsey	2014	Male 10-14	PTC	03:56	00:42	27:14	00:35	04:41	37:08

Duathlon-Enticer 12+years - 2km run / 10km bike / 2km run

Female

1.	110	Romana Bell	1997	Female 25-29	N/A	09:32	00:52	25:07	00:40	10:26	46:37
2.	103	Chelsea Hodges	2011	Female 10-14	N/A	10:03	00:38	25:04	00:31	11:00	47:16
3.	106	Danelia Samuel	2008	Female 15-19	Ptc	09:35	00:59	26:49	00:44	10:35	48:42
4.	105	Kylie Margetson	1973	Female 50-54	Singleton	14:08	00:56	30:17	00:37	15:18	1:01:16
5.	107	Jeanie Wilson	1976	Female 45-49	PTC	20:28	01:14	33:04	01:03	22:01	1:17:50

Male

1.	113	Nathan Brailey	1993	Male 30-34	Panthers Triathlon Club	09:56	00:41	22:01	00:44	11:02	44:24
2.	104	Andrew Margetson	1976	Male 45-49	Singleton	11:22	00:29	24:50	00:30	13:54	51:05
3.	102	Dennis del Castillo	1969	Male 55-59	N/A	15:03	01:14	23:45	01:10	17:02	58:14
4.	101	Chris Cooper	1952	Male 70+	Panthers	16:04	01:49	28:54	02:21	20:16	1:09:24

Duathlon-Sprint 14+years - 2.5km run / 20km bike / 5km run

Female

1.	143	Nicole Ward	1975	Female 50-54	Warringah	11:32	00:30	37:33	00:34	22:36	1:12:45
2.	126	Michelle Kurp	1982	Female 40-44	PTC	13:04	00:42	38:19	00:46	24:25	1:17:16
3.	132	Sharyn Nichols	1965	Female 60-64	Warringah Triathlon Club	13:02	01:16	38:08	01:09	26:08	1:19:43
4.	128	Sharon MacMaster	1969	Female 55-59	Wagga Wagga	14:18	00:49	42:13	01:15	28:27	1:27:02
5.	138	Liz Simpfendorfer	1960	Female 65-69	Tuggeranong Vikings Triathlon Club	13:33	00:50	47:45	00:45	27:00	1:29:53
6.	122	Isabella Janek	1998	Female 25-29	N/A	13:44	01:22	45:56	01:03	32:08	1:34:13
7.	117	Jodie Finley	1997	Female 25-29	N/A	13:48	01:00	1:00:51	00:33	29:56	1:46:08
8.	130	Madi Mercieca	1989	Female 35-39	PTC	13:47	00:59	1:00:41	00:45	29:57	1:46:09

Male

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Place	Bib	Name	YoB	AG	Club	Run	T1	Bike	T2	Run 2	Finish
1.	144	Dimos Yannarakis	2002	Male 20-24	N/A	09:02	00:43	34:59	00:35	17:37	1:02:56
2.	114	Mark Dempsey	1983	Male 40-44	PTC	10:40	00:26	31:04	00:33	21:03	1:03:46
3.	134	Darren Powell	1969	Male 55-59	PTC	10:28	00:33	31:12	00:29	21:10	1:03:52
4.	121	Gareth Howitt	1979	Male 45-49	N/A	10:05	01:03	32:59	00:39	19:24	1:04:10
5.	124	Ryan Keevers	1994	Male 30-34	PTC	10:29	00:33	33:57	00:34	21:43	1:07:16
6.	116	Rob Drady	1981	Male 40-44	PTC	10:30	00:37	32:56	00:37	23:08	1:07:48
7.	115	Manuel Dos Santos	1982	Male 40-44	PTC	10:41	00:43	35:45	00:36	21:03	1:08:48
8.	141	Justin Tolentino	2009	Male 15-19	n/a	13:36	00:53	30:57	00:47	28:45	1:14:58
9.	136	Ben Sammut	1989	Male 35-39	N/A	12:10	01:08	34:04	01:23	26:26	1:15:11
10.	120	Sam Gibbons	1998	Male 25-29	N/A	12:00	01:01	34:43	01:00	26:50	1:15:34
11.	125	Josiah Kennerley	1992	Male 30-34	N/A	12:20	00:32	39:37	00:29	22:53	1:15:51
12.	118	Benjamin Freeman	1997	Male 25-29	N/A	11:52	00:48	38:36	00:43	24:20	1:16:19
13.	135	Daniel RICHARDSON	1960	Male 65-69	Penrith Panthers Tri Club	12:18	01:11	38:54	00:59	23:51	1:17:13
14.	129	James McBrien	1990	Male 35-39	N/A	12:15	01:02	38:45	00:42	25:09	1:17:53
15.	111	Himanshu Bhutani	1980	Male 45-49	Balance Tri Club	12:18	00:42	40:38	00:42	25:46	1:20:06
16.	140	Ben Simpson	1981	Male 40-44	N/A	13:45	01:24	36:39	00:50	28:43	1:21:21
17.	112	Mark Bortolazzo	1971	Male 50-54	PTC	12:29	00:44	42:00	01:01	26:01	1:22:15
18.	131	Paul Moriarty	1971	Male 50-54	None	12:59	00:53	40:01	01:11	27:22	1:22:26
19.	123	Christopher Jones	1962	Male 60-64	Panthers Tri Club	12:26	01:06	44:56	01:10	24:26	1:24:04
20.	137	Bryson Samuel	2010	Male 15-19	PTC	10:29	00:42	49:15	00:25	25:06	1:25:57
21.	119	Leonardo Furlan	1970	Male 55-59	Pulse performance	13:55	00:42	43:37	00:45	30:39	1:29:38
22.	142	El Rene III Vargas	1994	Male 30-34	N/A	13:44	01:27	49:20	01:02	25:09	1:30:42
23.	139	Peter Simpfendorfer	1957	Male 65-69	Tuggeranong Vikings Triathlon Club	13:34	01:01	46:41	01:09	28:32	1:30:57
24.	133	Steve Nichols	1964	Male 60-64	Warringah Tri Club	14:14	01:08	44:17	01:24	33:43	1:34:46
25.	127	Leyman Leyes	1971	Male 50-54	Nil	13:52	01:03	48:16	01:12	32:56	1:37:19

Number of records: 44